

## Physical Disability Categories

The athletes are divided in the following classes ( Male e Female) determined by a variety of processes that include a “**physical Assessment**”.

The subdivision consists of three main classes **LTA**, **TA** and **A**.

### **Class LTA**

**Tetraplegic – Paraplegic** (International Stoke Mandeville Wheelchair Sport Federation)

“**P4**” Athletes will have normal upper limb function with a range of trunk function extending from partial trunk function to normal trunk function. There may be significant function in the lower limbs in athletes who compete in this group

From D11 to L3

“**P5**” These athletes will have normal upper limb and trunk function. They will have hip flexion and adduction function, knee extension function, and up to grade 3 power in the medial hamstring (knee flexor)

From L4 to L5

“**P6**” These athletes will have normal upper limb and trunk function. They will have hip flexion and adduction function, hip abduction function, knee flexion and extension function and some function of the ankle dorsiflexors and plantar flexors.

From S1 to S3

### **Amputee**

“**A2**” Single above or through knee amputee.

“**A3**” Bilateral below knee amputees, but above or through the ankle.

“**A4**” Single below knee amputee, but above or through the ankle.

### **Cerebral Palsy**

“**CP5**” Diplegic – Moderate involvement.

Minimal limitation of trunk movements when wheeling and throwing. In some athletes fatigue can increase spasticity which can be overcome with proper positioning. When standing, poor balance is obvious even using assistive devices.

Upper extremities – the upper limbs often show normal functional strength.

“**CP7**” Hemiplegic.

This class is for the true ambulant hemiplegic athlete. A class 7 athlete has spasticity Grade 3 or 2 in one half of the body. They walk without assistive devices but often with a limp due to spasticity in the lower limb. Good functional ability in dominant side of the body.

“**CP8**” Minimal involvement.

This class is for the minimally affected diplegic Spasticity Grade 1: hemiplegic Spasticity Grade 1 : monoplegic, minimal athetoid \ ataxic athlete.

An athlete must have an obvious impairment of function evident during classification.

This athlete may appear to have near normal function when running but the athlete must demonstrate a limitation in function to classifiers based on evidence of spasticity (increased tone), ataxic, athetoid or dystonic movements while performing on the field of play or in training.

**Les Autres** (International Sport Organization for Disabled)

“**LA 4**” Functional limitation in one or more limbs, but lower than class LA3. Es. muscle contractions, a limb ankylosis or arthritis with functional limitation of other limb.

“**LA 5**” Functional limitation in one limb or comparable disability, es. muscle contractions, hip or knee ankylosis, arm paresis, scoliosis.

“**LA 6**” Lower limitation, es. arthritis, osteoporosis or knee ankylosis.

**Class TA**

**Tetraplegic – Paraplegic** (International Stoke Mandeville Wheelchair Sport Federation)

“**P3**” These athletes will have normal upper limb function. They may have partial or completely normal function. They may have a flicker in their hip flexors.  
From D9 to D10

**Amputee**

“**1A**” Bilateral high above knee amputees

**Cerebral Palsy**

“**CP 4**” Diplegic – Moderate to severe involvement.

Good functional strength with minimal limitation or control problems noted in upper limbs and trunk.

Lower extremities – Moderate to severe involvement in both legs Spasticity Grade 4 to 3 usually rendering them non-functional for ambulation over long distances without the use of assistive devices.

“**CP 6**” Quadriplegic – Athetoid or ataxic with spasticity. Moderate involvement.

Lower extremities – spasticity Grade 3 or 2. Involvement of both legs and with sufficient function to run on the track. Usually has good static balance but exhibits problems in dynamic balance activities.

**Les Autres** (International Sport Organization for Disabled)

“**LA 3**” Functional limitation in two extremities, es. hemiparesis, hip or knee rigidity and deformed arm

**Class A**

**Tetraplegic – Paraplegic** (International Stoke Mandeville Wheelchair Sport Federation)

**“P 1a”** These athletes will usually have a decrease of shoulder function, elbow flexion and wrist dorsi-flexion to grade 5 power, and triceps function to grade 0 – 3:  
From C4 to C6

**“P 1b”** The maximum functions that these athletes will have is normal shoulder function, normal elbow and wrist function, poor to normal function of the finger flexions and extensions with there being wasting of the intrinsic muscles of the hands.  
From C4 to C7

**“P 1c”** These athletes will have good shoulder function, almost normal elbow function, good wrist function but finger flexor and extension function will be at a maximum grade 3 power.  
From C4 to C8

**“P 2”** These athletes will have a normal upper limb function with no abdominal or lower spinal function.  
From D1 to D5

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**P 3”** These athletes will have normal upper limb function. They may have partial or completely normal function.  
From D6 to D8

### **Amputee**

**“A 5”** Bilateral above or through the elbow.

**“A 6”** Single high above knee amputees

**“A 7”** Bilateral below elbow amputee

**“A 8”** Single below amputee, but above or through the wrist.

**“A 9”** Double upper limb and lower limb amputee

### **Cerebral Palsy**

**“CP 3”** Quadriplegic (Tetraplegic). Triplegic, severe hemiplegic – Moderate asymmetrical quadriplegic or severe hemiplegic in a wheelchair with almost full functional strength in dominant upper extremity. Can propel a wheelchair independently.

### **Les Autres** (International Sport Organization for Disabled)

**“LA 1”** Severe disability in all limbs. cause : muscular dystrophy, multiple sclerosis or younger rheumatoid arthritis, contractures, etc.

**“LA 2”** Severe disability in all or three limbs cause : an extremity palsy with deformity of the other two limbs, sclerosis.

### **Visually Impaired Categories**

All athletes with visual disability are classified : **LTA**

## **Intellectually Disabled Categories**

The athletes are divided in two categories :

- 1° level      These athletes will have incapacity to perform complex gestures.
- 2° level      These athletes will have good capacity to perform complex gestures.